



In the Light of the Inner Flame

On the very first day of this series of lectures, we have travelled from matter to intuition. We have seen that matter

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is nothing else but the successive unfoldment of the Divine. Even today the scientists believe that matter is energy, nothing else; but the crystallization of energy. Matter is not only mechanical energy but its molecules, electrons, protons, neutrons are also the thinking processes of the Divine. matter is therefore crystallized thought of the Divine consciousness. Even the trees, mountains and rivers are thought of the Divine, materialised. I do not want to stop just over here but I would like to travel a little further and state that God has not created this Universe and left in to its own fate, But Divinity is constantly controlling this universe by its active thought process. The molecular movement in matter is in fact the thinking process of the Divine.

Friends, you know that under the layers of ice in snow-clad cities of Europe, certain well formed designs are seen. Few of you might even be knowing the design patterns of the Tantric system like Shri Chakra. Now please understand that the evolutionary urge in matter, also, while expressing itself takes-up a definite form.

To-day we shall try to travel towards the light of the inner flame. The flame which is the centre of our consciousness, the very nucleus of our existence. This flame has a centre everywhere and circumference nowhere. This is a realm which is beyond the threshold of the subconscious mind and the psychologists have failed to explore it.

Dante has said that he went to paradise through infernal hell. Even I believe in that statement for the experience of hell is absolutely necessary to enter the heavens. When you penetrate deep within your self, you are bound to come across the hell of the subconscious mind. But you must pass

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through it, as every mystic has had to travel through it; then only you come upon that centre which is everywhere then only you see this flame, the pulsating centre of consciousness and the moment you come to this centre you become absolutely fearless. Such a flame is not having a station in space for it envelopes the entire space. This flame having centre everywhere is the absolute infinite consciousness.

So it is our fundamental duty to yearn for this flame existence. You must travel deep within your-self, in order to reach its domain. And the question often asked is how to travel deep within ?

There are two ways by which you can reach the realm of the inner flame. One is through silence, absolute silence and the other is through love. It is better, for, it is easier to go through love. Love itself is the very core of this flame. If you intensely pray then this flame will practically engulf your entire being. At certain critical moments this flame reveals to you its effulgence and gives you guidance.

I shall narrate to you a concrete example- You all have heard about the palmist Chiero, Haven't you ? Chiero was a mystic also. In Egypt while he was helping his doctor friend, to excavate the mummies in the pyramids, Chiero had to procure help of a local guide. A superstition prevailed among the Egyptians that these mummies would, one day, come to life. Hence they vehemently opposed all the attempts of excavation. Chiero's guide was co-operative and an exceptional one. He sincerely extended to them his help and guidance. Everyday they went to the pyramid and their programme was smoothly carried out as long as this guide was with

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them. Unluckily, Chiero had to seek help of another guide, for his friend guide became sick and indisposed. The new guide, one of those who opposed excavations, deliberately misled them when they had reached the innermost part of the pyramid. Chiero and his friend were completely lost and bewildered. They could not find the way out. Their search continued indefatigably. Hours passed into days and days into a week. Their ration was exhausted. Their search revealed only skeletons, probably of the excavators who were similarly misguided. Perhaps the same fate awaited them. Chiero was lost into deep contemplation. He sincerely began to pray and imagined that he was actually going to his friend guide and explaining him their peril. For a long time Chiero had lost his body consciousness and noticed with amazement that he was actually present in the guide's house and was requesting him by his gestures to rush to the pyramids and help them out of the trap. The sick guide was bed-ridden. He was completely confused when he saw Chiero's subtle form in the air inviting him towards the pyramids. The guide was sure that his friends were in difficulty and were definitely trapped into the pyramids. He immediately rushed to the pyramids and saw that his friends were actually on the verge of death, helplessly waiting like the passengers on a wrecked ship, to be rescued. So Chiero and his friends were thus saved.

Please remember therefore that whenever the worldly support fails and man depends only on God, the intensity of his prayer breaks open the subconscious mind leading him directly to the light of the inner flame. So difficulties give you an opportunity to observe your own inner domain. Difficulties are therefore deliberately brought by Nature. Remember difficulties are your own negative projections. Buddha has called 'DUKHA' (sorrow) as the 'Arya Sat-

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yam'. Is not sorrow a conscious or an unconscious resistance to the evolutionary process in you. Remember, when you are trying to swim against the current of a stream, resistance is inevitably more, but when you swim with the current there is no effort, no resistance. You spontaneously reach the ocean. Similarly 'sadhana' (spiritual practice) is not artificially trying to do something. But it is to tune yourself to the evolutionary process of the cosmos. It is to allow the cosmic current to carry you to the Divine ocean. But the moment you try to resist this cosmic current by your own petty desires, you invite sorrow. Sorrow is not a positive but negative phase. If you carefully tune yourself with Nature and swim with its current, there is no sorrow. Frequently people have raised a question according to their mundane logic, and have asked me, "Well, if evolution is a fact and one of the days if we are going to reach the ultimate goal then why bother at all and take the trouble of performing sadhana?" "Why not enjoy and make the best out of life?" My answer to them is that, bound in sense perception our joys are so fleeting and sorrow so predominant, that we continue to chew the thorns of passions though our teeth are bleeding. So to avoid this pain we have to cease to resist the evolutionary process both consciously and unconsciously and this can be performed only by Sadhana. Sadhana actually accelerates this process and builds a bridge that takes us across swiftly on the shores of the Lord. Or else, Nature will take its own course and that may mean a laborious journey of indefinite period. So do not consider that it is Divine that is trying to be cruel but on the contrary you create resistance to your own evolutionary process and create sorrow. Sorrow is at times deliberately intended by Nature.

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For it is only by this process that the unwanted fragments of your personalities are eliminated. So during the hour of trial, during the period of intense sorrow, try to be internally steady, without seeking external help. And then out of this steadiness, guidance will flash to you from your inner flame which will show you a better way than the one which you would have otherwise adopted.

Let us analyse instinctive reactions. Darwin has illustrated them by giving an analogy of a new born duck that naturally goes to the water and swim. This swimming naturally is quite instinctive. Or suppose by touching this microphone that is over here if one receives a shock twice, the third time while touching it he will anticipate a shock and hence will refrain from touching it. So the memory of the first and the second shocks create a memory patterns in the brain. And the accumulation of such pattern in the brain cells forms intelligence. So a person cannot think about a thing which he has not perceive before. Suppose you see something which you have not no iceed before, It has never come in the field of your observation. Do you know how you will react in such a situation? You will be nonplussed before you react. At such moments guidance from the unknown source, from the Divine is necessary. This guidance which comes from the inner flame helping to react in a better manner is called as intuition. So whenever you are confronted with difficulties instead of creating whirl pools in your mind, remain silent, absolutely quite; entrust everything to your inner flame and clutch to it as the young one of a monkey clutches its mother. And it is only by entrusting your entire burden to the Almighty can you transcend the barriers of the confined mind and hope to receive from him an intuitive flash. Then

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this flash will not be similar to whatever is known to you. It will be new, having a tremendous kinetic force. This force will have the capacity to carry you through, in your every day problems also. But for that you must depend upon God without any reservation. Don't you know the story of the famous Sufi Saint Farid who could communicate with God? A critical stage came in his life when his musing with the Divine stopped. He could not find out its cause. He was resting on a staff and contemplating. Farid became restless and when his languish for the Lord reached its culmination a voice echoed in his ears and said, "Farid when you know that you have taken complete refuge in me and that I have accepted your entire burden, why do you still feel the necessity of a staff in the hand to support you!" Immediately he flung his staff aside and relied completely upon the staff of the Lord.

So as long as you seek external aid you create a gulf between you and the Lord. Didn't the German Saint Jacob Bohme receive profound knowledge directly from the Lord, which he could not have otherwise achieved even if he had studied in all the Universities of the world. Rabindranath Tagore, too received poetic flashes through silence. Poetry sprang in him. He did have to toil to compose it. All the creative artists of the world have produced their masterpieces only when they received intuitive flashes. Same is true, even in scientific research. It is very interesting to recall how the sewing machine was invented.

Singer, the inventor was confronted with the problem of plucking out the needle and thread, automatically, once it

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was inserted. Obsessed with the problem, he went to sleep and dreamt that a few soldiers were attacking some prisoners with spears. As they inserted the spears in the body of the prisoners little flesh also came out with the blade as it was plucked out. Singer considered this dream to be very significant and thought over it seriously and wondered if he could also remove the thread from the cloth similarly. He observed the spear-blade minutely and found out a notch at the tip which was responsible for pulling-out the flesh. Singer modified the needle similarly and could successfully withdraw the thread after stitching. Don't you think that this knowledge came to Singer through an intuitive flash? The problem percolated deep within his subconscious mind, creating the required silence for the inner being to give a solution with an intuitive flash. The structure of Benzene and the invention of Insulin came to man only through intuitive flashes. So we are now entering into an age when the intuitive faculty will give more guidance to man. In the long run people will be more and more intuitive. But one must carefully discriminate between an intuitive flash and a simple instinctive urge. For great men of the world who have accomplished remarkable success in their works through intuitive flashes mistook even an instinctive urge to be an intuitive flash and as a result have stopped down to the level of animal. Intuition brings new knowledge and with it the power of transformation. Intuition gives the fundamental realisation of the Universe. Intuition can unveil many secrets of this universe. But instinct does not have this power. Even intelligence has its own limitations. So, if we want to be intuitive we have to travel more and more towards the inner domain. We may

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have to sustain infinite pains but there is no other alternative as we cannot bribe the angels that set a watch at the gates of the divine kingdom. While preparing for this journey of inner domain there must be a conviction burning in the heart that no matter how difficult the path is, you are going to completely cross it. Remember, even imagination helps quite a lot. Imagination has a very significant role to play. Do not forget the words of Napoleon, "It's only imagination that rules the world". Unfortunately today we are devoid of this power of imagination. See what cinema posters suggest? Are we not influenced by their suggestibility? Look at the TV's and the literature that has made an adverse effect on the human mind. This suggestibility invokes the instinct in man and he then blindly struggles to fulfil it. This dissipation of energy is taking man on a path of retrogressive metamorphosis.

It reminds me of the movie "The forbidden planet". It depicts the story of a scientist who retreats to an isolated planet. He designs a machine which can fulfill all the human desires. He invites his friends to that planet and they convert it into a heavenly abode. Initially all are happy but soon that happiness is shattered by a monster which creates confusion on the planet. It destroys the colonies, kills the people leading them into a state of confusion. The scientist is stunned by the turmoil. He sends for a psychologist on the earth. The psychoanalysis reveals that the demon that threatens the very existence of the people on that planet is not an external one but it's the materialisation of their own negative thoughts. The materialisation of the feel-

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ings of ego, hatred, and envy. The scientist refuses to believe in all this but after carefully studying the machine he realises that the inference of the psychologists was correct. Though this is an allegorical story it has a lot of truth in it.

So remember, by your own thoughts you can create either a demon or an angel. All the evil wars that you notice in the world today are the projections of your own negative thoughts. So if you want heavenly environment around you, your subconscious mind must be joyous and blissful. You are living as if, in a glass-cocoon. Your thoughts are reflected from this cocoon and you look at the world in that colour. But remember the universe is absolutely colourless, neither bright nor dark, good nor bad, let us not enter into a Russian argument to find out whether good is relative or absolute. Rest assured that whatever you see around you is the picture of your own subconscious mind. So let your subconscious mind be crystal clear. Whenever you see a sick person create around him thoughts of good health and well being. Project positive good thoughts in order to stop explosions that continuously take place in the subconscious mind. These explosions not only affect your own personality but they also affect the inter-molecular space in the universe. Please try to understand that our discussion is beyond the the scope of logic. So believe in me that wars are caused by the explosions of our own subconscious mind. And unless the subconscious mind is devoid of wars, even an organization like the United Nations will not be in a position to establish peace in the world. Unless every human being is integrally transformed the wars will continue to be. So you must remember that your thoughts and imaginations have tremendous

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power with the help of which intense hatred can be transformed into intense love.

Let me narrate to you an incidence from the life of Madame Blavelsky. One day as she was lost in contemplation somebody asked her if imaginations could be materialised. And pat came her reply, that they could positively be done so. She projected on a wooden log a sentence she was thinking about. To the dismay of all it was immediately printed on the wooden log. One of the letters was, however, blurred and she was asked why it was so? She replied that she had not imagined it vividly. The moment she did it, the blurred letter also became clear. Every one of you is endowed with this capacity. It has to be made use of thinking positively. A day will then dawn when your positive thoughts will be materialised and you will live in bliss and harmony. So the subjective idealism of western Philosophy is not a myth, but a fact. Dr. Faust surrendered himself to the ghost, with whose help he had achieved many psychic powers; but two things lacking in him were love and peace. So even if you accomplish all the psychic powers of the world you will be a wretched person, if you are devoid of love. So basically love must be in you. And when you project love, it becomes knowledge to the ignorant; healing to sick; beauty to the ugly and bliss to those who are miserable.

Love contains the vibrations of eternity. So by projecting love alone can you hope to go into the light of the inner flame. And such people who have seen the inner light always project love through their eyes, mind, heart, and every fibre

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of their being. You can adopt your own simple methods, and guidance will come automatically from your inner flame. Instead of adopting a pattern which is unsuitable to you, try to seek guidance from your inner flame. I am sure that it will guide you better, and lift you in its domain. And once you get a glimpse of that grandeur and majesty you will realise that every fibre of yours is in sheer brightness and ecstasy. Every core of your being can actually listen to the heart of the mother earth echoed by the symphony of the sea, and the space encircling you will merge you into infinity.

Let your quest for the Divine be sincere, and love intense and I am sure your entire personality will be radically transformed. Wait patiently, till the Divine makes you pure and bright like a pearl in the oyster shell formed after ceaseless turmoil.

I do not think I have to say anything more. If you are benefited, in any way, by my thoughts, I shall be very happy indeed. I want more experimentation from you and not that barren philosophical discussion. Even if you fail to get any results after trying sincerely, remember it will be a glorious failure. There is no reason why you should be disappointed after all its colossal endeavour, an attempt to unveil the secret of Nature. In your attempt to achieve ordinary things in life you collapse so miserably at times, what harm is there if you slip when you are trying to achieve the highest in life.

I humbly pray, however, that your efforts become fruitful and that you become a flower in the garden of the Divine, a fragrant flower that will not wither or decay with time.



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- Shri Dattabal

Divine Love is Universal. It is the realisation of the universal force, and when one is aware of this innermost flame the capacity of transformation is spontaneously achieved. So, when a cosmic ray touches the earth's hemisphere it produces an evolutionary change, a cosmic - chemical change, bringing about mutation. This cosmic ray has definite frequency. It affects the earth molecules, accelerates their frequency and brings about an evolved emergent form. The ray of Divine Love has the highest rate of vibrations. It can, therefore, penetrate through anything in this universe. This vibratory rate can be infused into the organic and inorganic molecules of the earth to bring about the transformation. So, when you become aware of the Divine Love everything around you changes structurally and organically.

SHRI DATTABAL